

May 2019



Milk: 1% Milk (ages 2+) / Whole Milk (ages 1-2)
Items marked with an * are whole grain rich

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 2 Lunch Rotation			5/1 Breakfast Cheerios* Pears Milk Lunch Bake Ziti with Ham Tropical Fruit Peas & Carrots American Cheese Slice Snack Scooby Grahams* Yogurt	5/2 Breakfast Toast* & Jelly Mandarin Oranges Milk Lunch Chicken Nuggets Wheat Dinner Roll Fresh Steamed Carrots American Cheese Slice >3yrs: Grapes <3yrs: Canned Peaches Snack Blueberry Muffin Milk	5/3 Breakfast Rice Krispies Pineapple Milk Lunch Meatball Sub on a Hot Dog Bun Broccoli Florets Pears Snack >2yrs: Apples & String Cheese <2yrs: Applesauce & Animal Crackers	
	Week 3 Lunch Rotation	5/6 Breakfast Corn Flakes* Tropical Fruit Milk Lunch Chicken Fried Chicken Mashed Potatoes Country Gravy Mandarin Oranges Slider Bun Snack Goldfish Crackers Milk	5/7 Breakfast Bagel* Peaches Milk Lunch Hungarian Goulash Pineapple Tidbits Peas and Carrots Snack Banana Animal Crackers	5/8 Breakfast Life* Applesauce Milk Lunch Hotdog on Bun Banana Winter Vegetable Blend Snack Cheddar Chex Mix* Cheddar Cheese Square	5/9 Breakfast English Muffin* Pears Milk Lunch Chicken Enchilada Casserole Wheat Dinner Roll Corn >2yrs: Apples <2yrs: Mandarin Oranges Snack Cheez-It Crackers* Milk	5/10 Breakfast Kix* Pineapple Milk Lunch Pizza Hot Dish Green Peas Tropical Fruit Snack Whole Grain Crackers* Cheese Slice Milk
Week 4 Lunch Rotation	5/13 Breakfast Frosted Mini Wheats* Peaches Milk Lunch Bratwurst on Bun Corn Pineapple Tidbits Snack Teddy Grahams* Yogurt	5/14 Breakfast Waffle Applesauce Milk Lunch Chicken Nuggets Macaroni Noodles Peas Tropical Fruit American Cheese Slice Snack Cheddar Chex Mix* String Cheese	5/15 Breakfast Cheerios* Mandarin Oranges Milk Lunch Beef Macaroni Tomato Casserole Green Beans Peas Snack Blueberry Muffin Milk	5/16 Breakfast Toast* & Jelly Pineapple Milk Lunch Grilled Chicken Alfredo Pasta Peas and Carrots >2yrs: Apples <2yrs: Peaches Snack Mini Pretzels String Cheese	5/17 Breakfast Corn Chex* Tropical Fruit Milk Lunch Hamburger Patty with Brown Gravy White Rice Broccoli and Cauliflower Mandarin Oranges Snack Strawberry Yogurt Chex Mix* Milk	
	Week 5 Lunch Rotation	5/20 Breakfast Rice Krispies Pears Milk Lunch Pork Sausage Patty Buttermilk Biscuit Country Gravy Whole Kernel Corn Pineapple Tidbits Snack Chex Mix* String Cheese	5/21 Breakfast Bagel* Peaches Milk Lunch Chicken Tenders Elbow Macaroni Green Beans >2yrs: Fresh Apples <2yrs: Pineapple Tidbits Snack Banana Animal Crackers	5/22 Breakfast Life* Mandarin Oranges Milk Lunch Hamburger on Bun Peas and Carrots Fresh Banana Snack Goldfish Crackers* Milk	5/23 Breakfast English Muffin* Applesauce Milk Lunch Chicken and Rice Casserole Seasoned Carrots >3yrs: Grapes <3yrs: Fruit Cocktail Snack <3yrs: Whole Grain Crackers*, Cheese Slice & Milk >3yrs: Tortilla Chips, Salsa & Milk	5/24 Breakfast Kix* Pineapple Milk Lunch Pasta and Meat Sauce Peas Pears Snack Pretzel Goldfish Crackers* Cheddar Cheese Square
Week 6 Lunch Rotation			5/27 Breakfast Waffle Peaches Milk Lunch Scalloped Potatoes and Ham Corn Muffin Peas Mandarin Oranges Snack Scooby Grahams* Milk	5/28 Breakfast Cheerios* Pineapple Milk Lunch Beef Stroganoff Green Beans Bananas Snack Strawberry Yogurt Chex Mix* Yogurt	5/29 Breakfast Toast* & Jelly Applesauce Milk Lunch Swedish Meatballs Rotini Noodles Steamed Carrots Tropical Fruit Snack Blueberry Muffin Milk	5/30 Breakfast Corn Chex* Tropical Fruit Milk Lunch Ham Elbow Macaroni Pasta Broccoli Mandarin Oranges Snack String Cheese >2yrs: Apples <2yrs: Canned Peas